

Title	Department	Post Ref.
Reablement Support Worker	Adult Social Care, Health and Public Protection	TBC

# Job Purpose

The post holder is responsible for carrying out Reablement Support Work in line with an individual's Support Plan, Risk Assessment and Reablement Goals

# Key Responsibilities

- 1. Fostering of people's equality, diversity and rights and assist in ensuring the provision of a culturally appropriate service
- 2. Promotion of effective communication and relationships
- 3. Promotion, monitoring and maintenance of health, safety and security in the workplace
- 4. Contribution to the protection of individuals from abuse
- 5. Enablement of service users to maintain their personal hygiene and appearance
- 6. Enablement of individuals to access and use toilet facilities, or otherwise assist with the management of their continence care
- 7. Enablement of individuals to access food and drink
- 8. Support individuals with eating and drinking where necessary and appropriate
- 9. Contribution to the ongoing assessment process
- 10. Enablement of individuals to manage their domestic and personal resources, assisting where necessary and appropriate
- 11. Contribution to the movement and handling of individuals to maximise their ability to achieve physical comfort and independence (including the use of mechanical equipment)
- 12. Enablement of individuals to maintain and improve mobility through exercise and the use of mobility appliances
- 13. Support individuals when they are distressed
- 14. Promotion of communication with those who do not use a recognised language format
- 15. Management of information appropriately, maintaining confidentiality and observing data protection legislation
- 16. Contribution to the effectiveness of multi-disciplinary working

# Key Accountabilities

- 1. To maximise individuals' potential for independence in all aspects of personal care and daily living tasks, offering practical support where appropriate and necessary
- 2. To maximise individuals' potential for independence in all aspects of practical domestic tasks, offering practical support where appropriate and necessary
- To follow the Support Plan and risk assessment written by a member of the multi-disciplinary team and update and record as necessary on the running record and Medication Administration Record
- 4. To enable individuals to manage their personal resources including shopping, letter writing and finances where relevant and appropriate
- To keep accurate and up to date records of financial transactions and ensure adherence to audit processes, performance review systems and other procedures, including electronic recording systems.
- 6. To attend staff meetings, receive supervision, training and refresher training and otherwise contribute to the efficiency and effectiveness of the service
- 7. To use personal and protective equipment, work safely and avoid putting self and others at risk in the performance of duties
- 8. To report incidents, accidents and observations as per agreed procedure and take action as appropriate, including emergency situations.
- To adhere to the Nottinghamshire County Council Code of Staff Conduct, the Skills for Care Code of Conduct and the Reablement Service Staff Handbook

	<ul> <li>10. To maintain awareness of current instructions circulated at staff meetings, departmental bulletins, policies and circular letters or by verbal or written instructions given by Managers</li> <li>11. To undertake any other duties which may reasonably be regarded as within the nature of the duties and responsibilities / grade of the post as defined, subject to the proviso that normally any changes of a permanent nature shall be incorporated into the Job Description in specific terms</li> </ul>	
The post holder will perform any duty or task that is appropriate for the role described		

# **Person Specification**

# Education and Knowledge

#### **Desirable**

A Diploma in Health and Social Care or willing to undertake a Diploma after induction. Full training will be given on the job.

#### **Essential**

Full current driving licence

# Experience Desirable

- 1. Experience working as a care assistant or similar
- 2. Experience in the use of equipment used in the delivery of care and support
- 3. Experience of following risk assessments and support plans
- 4. Experience of recording
- 5. Experience in the use of electronic recording systems

### Personal skills and general competencies Essential

- 1. Ability to work flexibly to meet the needs of the service and individuals using the service
- 2. Ability to deliver services which maximise the independence of individuals
- 3. Ability to communicate effectively both verbally and in writing
- 4. Ability to use a smart phone to receive and send information
- 5. Ability to work within a multi-agency environment
- 6. Ability to manage difficult situations and handle conflict
- 7. Ability to be self-motivated
- 8. Ability to work safely
- 9. Ability to follow verbal and written instructions
- 10. Commitment to the provision of high quality services and continuous improvement
- 11. Commitment to the provision of support which gives dignity to individuals
- 12. Commitment to embracing the diversity of colleagues and individuals
- 13. Willingness to take responsibility for own personal development and participate in training and development activities as required

## **Role Dimensions**

- 1. To be responsible for carrying out Reablement Support Work in line with an individual's Support Plan, Risk Assessment and reablement Goals
- 2. To actively promote individuals' involvement and empowerment